



— MOURATOGLOU —
— ACADEMY —

TRAINING CAMPS
JUNIORS & ADULTS



At the Mouratoglou Academy, our philosophy has always been to adapt to each player, no matter their level of play, from beginner to professional.

What sets our coaching team apart is the passion and motivation which we have been instilling in each player for over 25 years.

On a daily basis, each coach applies the methodology I've developed and used with the professional players I've worked with.

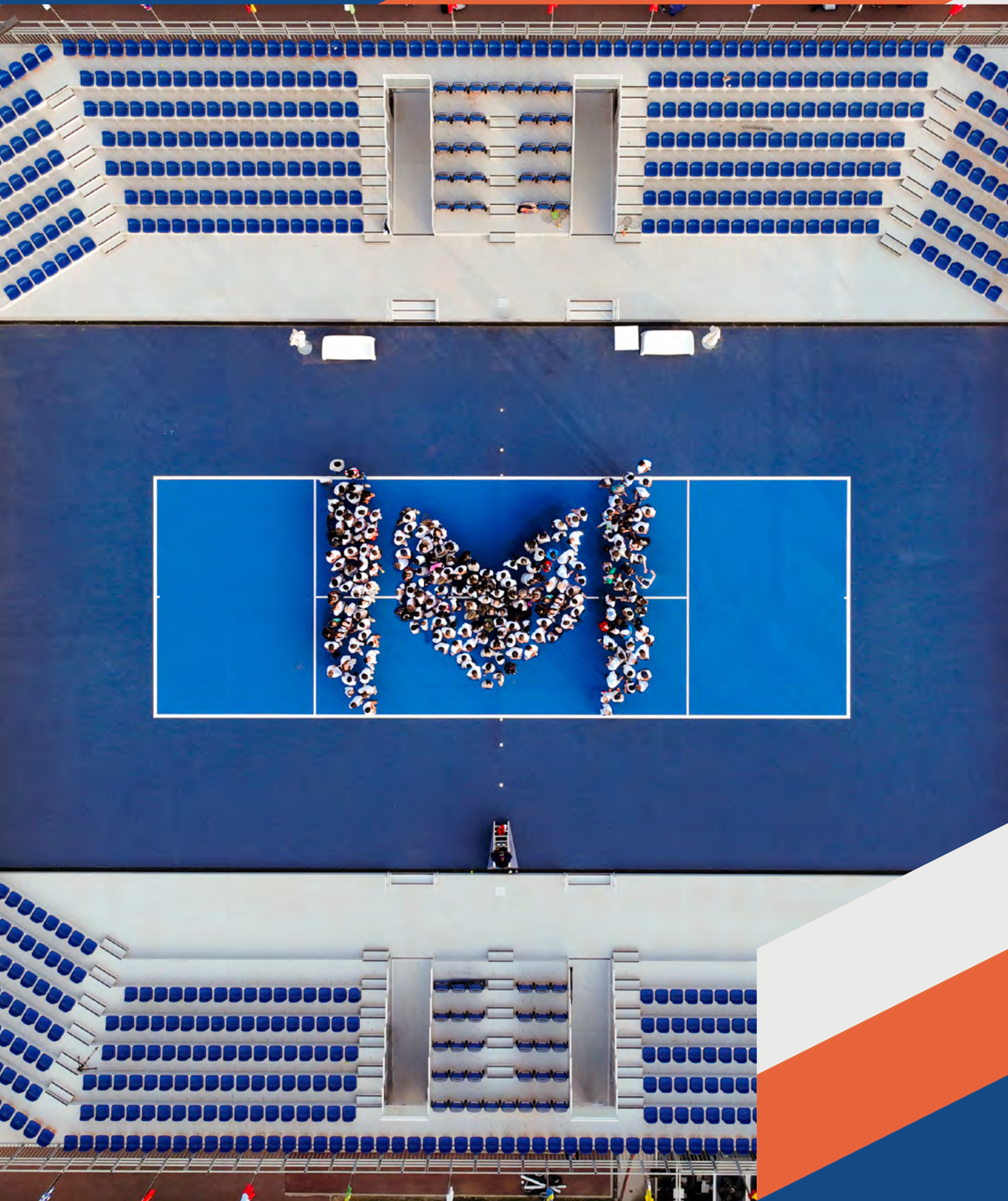
This methodology enables your child to achieve convincing results by the end of their stay.

In fact, our training course ensures real progress in a short term and enables each player to set medium-term work objectives for the rest of their career.

The methodology of top-level tennis will finally be within his grasp.

PATRICK MOURATOGLOU

A stylized, handwritten signature of Patrick Mouratoglou in blue ink, centered between two horizontal red lines.



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AN EXCEPTIONAL ENVIRONMENT

WITH OVER 320 DAYS OF SUNSHINE A YEAR AND 12 HECTARES OF STATE-OF-THE-ART SPORTS FACILITIES, THE MOURATOGLOU ACADEMY IS ONE OF THE WORLD'S MOST VISITED DESTINATIONS FOR INTENSIVE, YEAR-ROUND OUTDOOR TENNIS.

BASED IN SOPHIA-ANTIPOLIS

BETWEEN NICE AND CANNES

15 MIN FROM NICE INTERNATIONAL AIRPORT



STATE-OF-THE-ART FACILITIES

12 HECTARES OF EXCEPTIONAL FACILITIES

- 33 Clay & Hard Courts that included 8 covered courts
- 4 padel courts
- Student campus school & boarding house
- Athletic track
- Multisports area
- Fitness rooms & weight lifting areas
- Mouratoglou shop
- Sports medicine center
- 4-Star hotel
- Spa
- Restaurants & bar
- 4 Pools
- VIP & seminar rooms



WHERE CHAMPIONS TRAIN

Thanks to its ideal location between Nice and Cannes, the Mouratoglou Academy is widely considered as the ideal training ground for the world's best professional players. **Holger Rune**, **Coco Gauff** or **Daniil Medvedev** are regularly seen practicing on our courts in between tournaments. If you come to the Mouratoglou Academy for a tennis camp, you might very well get a glimpse or run into one of them at the turn of a path and watch them during their training sessions where they often share their experiences with the guests during Q&A sessions or book signings.

- / ALIZÉ **CORNET**
- / GRIGOR **DIMITROV**
- / BRENDA & LINDA **FRUHVIRTOVA**
- / COCO **GAUFF**
- / UGO **HUMBERT**
- / MARTA **KOSTYUK**
- / DANIIL **MEDVEDEV**
- / ANDY **MURRAY**
- / CAMERON **NORRIE**
- / BENOÎT **PAIRE**
- / ANASTASIA **PAVLYUCHENKOVA**
- / HOLGER **RUNE**
- / DIEGO **SCHWARTZMAN**
- / FRANCES **TIAFOE**
- / STEFANOS **TSITSIPAS**
- / STANISLAS **WAWRINKA**
- / ALEXANDER **ZVEREV**



THE ULTIMATE TRAINING CAMP EXPERIENCE

MORE THAN 20 000 CAMPERS TRAINED AT THE ACADEMY

- ▶ **Help players to train and think like champions**
Treat every player like a pro
- ▶ **Contribute to personal development**
by experience a great diversity of cultures
- ▶ **Build ultra homogenous groups**
of maximum 4 players per court and coach
- ▶ **Personalize the goals**
& evaluations at the end of the camp
- ▶ **Focus on the player's strengths**
rather than on their weaknesses
- ▶ **Turn every training session into a match to win**



JUNIORS CAMPS

CAMPS

Intensive camp
Half-day Camp
Night Sessions Camp
Competition Pack
Tennis & Golf Camp
Baby Tennis

BOOST YOUR CAMP

LANGUAGE STUDY PROGRAM

ACADEMY LIFE

THE MOURATOGLU EXPERIENCE THROUGHOUT THE YEAR

FROM 10 YEARS OLD

INTENSIVE CAMP

BOARDING & NON-BOARDING

THE ULTIMATE TRAINING CAMP FOR ANY PLAYER WISHING TO PRACTICE TENNIS THROUGH AN ADVANCED SPORTS PROGRAMME.

- **Full day:** from Monday to Saturday Morning
- **Lunch included everyday** (except Saturday)
- **Individual coaching options:** mental, physical, tennis

Comprehensive work on the fundamentals of the game throughout the week.

TRAINING VOLUME

- **Tennis:** 3hrs/day (4hrs during summer)
- **Physical activities & collective sports:** 3hrs/day
- **Additional activities:** Recovery/stretching, yoga, mental



FROM 6 YEARS OLD

HALF-DAY CAMP

NON-BOARDING

THE PERFECT BALANCE BETWEEN
TENNIS AND LEISURE.

- Morning only
- Monday to Saturday morning

Ideal for young players and beginners.

TRAINING VOLUME

- **Tennis:** 1hr30/day (2hrs during summer)
- **Physical activities:** 1hr30/day



FROM 10 YEARS OLD

NIGHT SESSIONS CAMP

BOARDING & NON-BOARDING

THE ORIGINAL SUMMER EVENING TRAINING PROGRAM.

- **Monday to Friday**
Only from July to August, in two slots between 6.30pm and 9:30pm
- **4 tennis sessions per week**
of 1h30 : 6 hours of tennis
- **1 cardio tennis session of 1h30**
- **Coach's individual report**
given at the end of each week



FROM 10 YEARS OLD

COMPETITION PACK

BOARDING & NON-BOARDING

THIS PERFORMANCE-ORIENTED CAMP IS AIMED AT ALL PLAYERS WHO WISH TO COMBINE INTENSE TRAINING DURING THE WEEK WITH A HIGH LEVEL COMPETITION MATCHES DURING THE WEEKEND.

- 2 weeks of intensive camps
- All levels accepted
- Full day
- Minimum stay of 15 days mandatory
- Lunch included, everyday
- 1 UTR tournament during the fortnight

This ultra-intensive camp is directed to every player who wishes to discover competition tennis or play matches at a high level of competition.

TRAINING VOLUME

- **Tennis:** 3hrs/day (4hrs during summer)
- **Physical activities & collective sports:** 3hrs/day
- **Additional activities:** Recovery/stretching, yoga, mental
- **UTR tournament** (3 matches guaranteed)



FROM 9 YEARS OLD

TENNIS & GOLF CAMP

BOARDING & NON-BOARDING

THIS PACKAGE COMBINES TWO SPORTS OFTEN DEPICTED AS COMPLEMENTARY.

- **Full day**, from Monday to Saturday morning
- **Lunch included, everyday** (except Saturday)
- **Language options** (French or English)

TRAINING VOLUME

- **Tennis:** 1hr30/day (2hrs during summer)
- **Golf:** 3hrs/day
- **Physical activities & collective sports:** 1h30/day



FROM 3 YEARS OLD

BABY TENNIS

FAMILY EXPERIENCE

THE LITTLE ONES HAVE THEIR OWN TRAINING COURSE!

Available from the age of 3, the Baby Tennis formula gives little champions the opportunity to take part in fun and sports activities, and discover tennis at the Mouratoglou Academy.

EVERY MORNING, THE COURSE INCLUDES:

- **Sports** (tennis or other sports activities)
- **Other early learning activities**
- **Monday to Friday**
- **During school vacations and summer**



BOOST YOUR CAMP

A PERFORMANCE BOOST THAT'S TAILORED TO EACH INDIVIDUAL ATHLETE, FOR AN EVEN MORE PERSONALIZED COACHING PROGRAM.

TENNIS COACHING

5 HRS

- Individual coaching lesson
- Technical & specific tactical training tailored to the player



MENTAL COACHING

3 HRS

- 1 on 1 with a professional coach (1hr analysis)
- Match scenario & coaching (1hr)
- Debriefing (& areas of improvement)

PHYSICAL COACHING

2 HRS

- Morphological assessment (1hr)
- Analysis of the performance with a fitness coach (30')
- Individual report
- Tailored training program
- Massage with one of our physiotherapists (30')



RECOVERY PACK

- Contrast baths (2 sessions)
- Pressotherapy (2 sessions)

BATH PACKAGE

- 4 sessions of recovery baths



LANGUAGE STUDY PROGRAM

**YOUR CHILD CAN STUDY A SUBJECT WITH OUR
FRENCH AND INTERNATIONAL TEACHERS.**

LEARN A NEW LANGUAGE

In addition to tennis, your child have the opportunity to improve their language skills.

- **English or French**
- **From Monday to Friday**
- **1hr30/day**
- **All levels accepted**
- **Only in Summer** (June, July, August)

FOR MORE INFORMATION

Please contact : camps@mouratoglou.com



ACADEMY LIFE

At the Mouratoglou Academy, the accommodation and the tennis courts are located on the same site. Every detail has been carefully thought out to ensure that your child has all the comfort and tools necessary for their development.

Our team is on call 24 hours a day, 7 days a week. Wellbalanced food, high- speed internet, air conditioning in the rooms complete the offer.

The Mouratoglou Campus is a cosmopolitan venue that welcomes players of many nationalities. An environment is conducive to open-mindedness and a wonderful window onto the world.



YOUR CHILD'S ACCOMMODATION, JUST LIKE AT HOME AND IN COMPLETE SAFETY

BOARDING HOUSE:

- ▶ **76 Rooms all equipped** with a bathroom & shower inside the room, air conditioning and wifi.
- ▶ **2-4 students per room**
- ▶ **Study Room & Media Center**
- ▶ **Game Room**
- ▶ **TV & Cinema Room**
- ▶ **Security cameras**

CAFETERIA (ON SITE):

- ▶ **Balanced and varied menus**

ARRIVAL ON SUNDAY DEPARTURE ON SATURDAY MORNING



THE MOURATOGLOU EXPERIENCE THROUGHOUT THE YEAR

TURN YOUR CHILD'S PASSION INTO A LIFETIME PROJECT.

OUR TENNIS & SCHOOL PROGRAM

Student-athletes from all over the world choose to train and study at the Mouratoglou Academy, which creates a culturally rich and vibrant environment.

Our goal is to guide and support all of our studentathletes with respect, passion and dedication in order to fulfill their tennis and academic ambitions.

Whether your children dream of becoming professional tennis players or having a successful career in any other field, we will

equip them with the right skills: their success is our mission.

Since the launch of the program, our students have achieved academic and athletic excellence.

Our graduates were awarded access to prestigious and highly selective universities in the USA and other countries (France, UK, Germany, etc.), while many have gone on to achieve very good results on the ITF, WTA and ATP circuit.

FRENCH & INTERNATIONAL SECTION PROGRAM



97%

SUCCESS RATE
AT THE
«BACCALAUREAT»



100%

CERTIFIED
HIGH SCHOOL
DIPLOMA



+45

DIFFERENT
NATIONALITIES
REPRESENTED



N°1

SCHOLARSHIP
USA PLACEMENT
PROGRAM



- **From September to June** (full boarding)
- **10 to 18 years old**
- **A high-level program** that combines intensive training, tournaments and school curriculum throughout the year.

WANT TO JOIN?

Contact our Tennis & School department:
tennisandschool@mouratoglou.com

ADULT CAMPS

CAMPS

Intensive Camp

Half-day Camp

Night Sessions Camp

BOOST YOUR CAMP

FAMILY PACK

STAY AT THE RESORT

THE RESIDENCE: ON-SITE COMFORT

STAY ON THE FRENCH RIVIERA

WE SHAPE THE FUTURE OF TENNIS

INTENSIVE CAMP

BOARDING & NON-BOARDING

A HIGH-INTENSITY TRAINING PROGRAM DESIGNED TO BOOST YOUR PERFORMANCE.

- **Full-day**, from Monday to Friday
- **2 tennis sessions per day**
- **Lunch included** (cafeteria)
- **Personal report**

Take it up a notch with this high-intensity training program and bring out the best tennis player inside of you. Every day, enjoy a comprehensive program combining physical training, technical and tactical work, and mental preparation. This package is designed to quickly boost your performance on the court.

TRAINING VOLUME

- **Tennis:** 3hrs/day (4hrs during summer)
- **Physical activities:** 5 sessions of 1h30
- **1 tactical session (1h30) & 1 mental session (1h30)**



HALF-DAY CAMP

BOARDING & NON-BOARDING

COMBINE FUN WITH SPORTS PERFORMANCE.

- Morning only
- From Monday to Friday
- Personal report

This half-day course is for players of all levels. Join us for intense tennis and fitness training every morning to help you improve technically, physically, and tactically.

This package gives you free time outside of your training program, ideal if you want to enjoy the treasures of the French Riviera and Mouratoglou Resort on your own or with family.

TRAINING VOLUME

- **Tennis:** 1h30/day (2hrs during summer)
- **Physical activities:** 5 sessions of 1h30



NIGHT SESSIONS CAMP

BOARDING & NON-BOARDING

THE ORIGINAL SUMMER EVENING TRAINING PROGRAM.

- **Monday to Friday**
Only from July to August, in two sessions between 6.30pm and 9:30pm
- **4 tennis sessions per week of 1.5 hours**
6 hours of tennis
- **1 cardio tennis session of 1.5 hours**
- **Coach's individual report**
given at the end of each camp



BOOST YOUR CAMP

A PERFORMANCE BOOST THAT'S TAILORED TO EACH INDIVIDUAL ATHLETE FOR AN EVEN MORE PERSONALIZED COACHING.

TENNIS COACHING

5 HRS

- Individual coaching lesson
- Technical & specific tactical training tailored to the player



PHYSICAL COACHING

2 HRS

- Morphological assessment (1hr)
- Performance analysis with a fitness coach (30')
- Individual report
- Tailored training program
- Massage with one of our physiotherapists (30')



PACK RECOVERY

- Contrast bath (2 sessions)
- Pressotherapy (2 sessions)



RECOVERY & PERFORMANCE PACK

- Contrast bath (2 sessions)
- Pressotherapy (2 sessions)
- Massage with one of our physiotherapists (30')
- Cryotherapy (1 session)



CRYOTHERAPY PACKAGE

- 4 cryotherapy sessions to support muscle recovery



MENTAL COACHING

3 HRS

- Player profile analysis (1hr)
- Match scenario & coaching (1hr)
- Debriefing areas of progress & improvement (1hr)



BATH PACKAGE

- 4 sessions of recovery baths

FAMILY PACK

FAMILY EXPERIENCE

ALL CAMPS HAVE THE OPTION
TO ADD FAMILY MEMBERS
AND MAKE IT A FAMILY CAMP PACKAGE.

- Intensive Family pack
- Half-day Family pack

ALL YEAR ROUND



STAY AT THE RESORT

During your camp, enjoy the Mouratoglou Hotel & Resort that will provide you everything you need to enjoy the vacation of your dreams.

With a 12 acres compound, a 700m² SPA, a restaurant with a racquet shaped swimming pool, the Mouratoglou Hotel & Resort is the perfect place to relax with your family and enjoy the French Riviera.

- **153 rooms**
- **Restaurants**
- **Bar/lounge**
- **4 pools**
- **Spa**
- **Fitness**
- **Collective trainings**
- **Aqua training**



OUR SERVICES

Our hotel features 153 elegantly decorated and air-conditioned rooms that are designed to meet your every need, whether you are staying alone or with your family.

Several categories of rooms are available: superior, executive, deluxe & family rooms, as well as suites.

The hotel has 5 accessible rooms for people with reduced mobility (on demand).

The access to the Spa sensorial area and fitness are included in your stay. Discover our restaurant and our different food formulas to boost your stay!

THE RESIDENCE: ON-SITE COMFORT

**THIS NEW LUXURY
RESIDENCE IS A
LODGING SOLUTION
FOR FAMILIES WHO
WISH TO LIVE WITHIN
THE HEART OF OUR
RESORT.**

FURNISHED APARTMENT

**THE RENTAL OF A PROPERTY IS
FOR A PERIOD OF 1 WEEK TO 12
MONTHS MAXIMUM.**

**ANIMALS ARE NOT
ACCEPTED.**

The residence offers several comfortable apartments for rent from studio to three-bedroom apartments. All have fully equipped kitchens and balconies with stunning views of the Mouratoglou Academy tennis courts.

The Residence also has its own pool.

This new infrastructure allows you to make lifetime memories as a family.

The Residence offers families furnished*, modern and luxury apartments for optimal comfort.

**Subject to availability and from 18 years old.*



STAY ON THE FRENCH RIVIERA

WELCOME TO THE FRENCH RIVIERA, WHERE THE AZUR WATERS MEET LUXURIOUS LIVING, AND EVERY MOMENT PROMISES AN EXPERIENCE UNLIKE ANY OTHER.

As the official partner of the Mouratoglou Academy, Riviera Luxury Rentals is delighted to offer a curated selection of exceptional rental homes where comfort meets the grandeur and beauty of the French Riviera.

Their portfolio includes a variety of stunning accommodations, from elegant villas with awe-inspiring sea views to tranquil estates nestled in the heart of the Riviera's lush landscapes.

Their commitment goes beyond just providing places to stay; they understand the needs of families and individuals attending the Mouratoglou Academy. Each property is carefully selected for its proximity to the academy, ease of access, and the serenity essential for unwinding after a day of rigorous training or discovering the countless attractions the Riviera has to offer.

Riviera Luxury Rentals believes that every visit to the French Riviera should be an extraordinary experience. Their dedicated team offers personalized services, ensuring that every aspect of your stay is managed with utmost care, from airport transfers to private chefs and organizing unique experiences that epitomize the Riviera lifestyle.

For more information and to explore their exclusive collection of rental homes, please visit the Riviera Luxury Rentals website or contact them directly.

Let the team at Riviera Luxury Rentals unveil the splendor of the French Riviera to you, where every stay promises the perfect blend of luxury and the art of living.

Riviera Luxury Rentals
justin@rivieraluxuryrentals.com
07 87 26 34 96





WE SHAPE THE FUTURE OF TENNIS

SINCE ITS INCEPTION IN 1996, THE WORLD'S MOST PROMISING TALENTS HAVE BEEN DEVELOPING THEIR GAME AT THE MOURATOGLOU ACADEMY AND WINNING IMPORTANT TITLES

① STEFANOS TSITSIPAS

The youngest player ever to beat Novak Djokovic, Roger Federer and Rafael Nadal in 2019, Stefanos has won ten ATP titles, including two Masters 1000s, and has reached two Grand Slam finals: Roland Garros (2021) and the Australian Open (2023).

② ALEXEI POPYRIN

In 2019, Alexei won at least one match in all four Grand Slam tournaments, joining the ATP Top 100 for the first time. He reached the third round of the Australian Open (2019, 2020) and the US Open (2019), won the Singapore tournament (2021) and the Bordeaux tournament (2022). His career high ranking stands at No.38.

③ COCO GAUFF

In 2019, the American sensation made Wimbledon history as the youngest player (since 1991) to qualify for the main draw and advance to the round of 16. By August 2022, she attained the world No.1 ranking in doubles, and in 2023, at the age of 19, secured the US Open Women's singles title.

④ LINDA FRUHVIRTOVA

Champion of the Petits As in singles & doubles in 2019, she won her first WTA singles title at the Madras tournament (2022), and reached the fourth round of her debut Australian Open (2023), becoming the youngest player to be ranked in the WTA Top 100.

⑤ HOLGER RUNE

In 2022, «the Machine» became the first Danish man to break into the Top 10 of the ATP singles rankings in the Open era, by winning his first Masters title in Paris, beating Novak Djokovic in the final to become the youngest winner of the tournament since Boris Becker (1986).

⑥ BRENDA FRUHVIRTOVA

Having clinched ten W25 titles, four W40 titles, and one W60 title since December 2021, she became the 5th youngest player to qualify for the Australian Open women's singles draw (2023). In 2024, she qualified once more and secured her first-round victory, propelling herself into the WTA Top 100 at just 16 years old.

CONTACTS

ASK FOR A PRICE QUOTATION

INTERNSHIP DEPARTMENT

camps@mouratoglou.com

+33(04) 83 88 14 38

BOOK ONLINE

BOOKING.MOURATOGLOU.COM

